

**Sermon Notes**

8-10-14 Ken Carlton

**Providence Community Church**

**Title:** EXCRUCIATING PAIN – Ps 39

**Main Text:** Psalm 39

**Sermon Description:** This Psalm finds its surprising historic and musical situation in the hymnal of Jeduthun. I Chron 16:41-43 & II Chron 5:12 remind us of the worship leading commission represented in this title.

Jeduthun and company were called to glorify the Lord in song specifically extolling the steadfast love of the Lord. The staggering riches implied in such a theme are demonstrated in this song. Ps 39 provides a lament, an elegy of chiasmic paradox as ideas are symmetrically organized in the shape of an hourglass – another helpful picture to “...let us know how fleeting we are” (v:4).

**HEADING: 5 TEACHABLE MOMENTS CONSIDERING PAIN IN CONTEXT:**

**1. GIVEN THE MUTABLE AND MORTAL NATURE OF MAN** (Ps 39:1&13)

- a. How to suffer
- b. How to die
- c. 2 example applications

---



---



---



---

**2. GIVEN THE REALITY OF PAIN/SUFFERING** (Ps 39:2-3 & 12)

- a. Lessons on speech
- b. Escalating pain
- c. Appeal to covenant (II Sam 7:8-17, I Pt 2:10-11)

---



---



---



---

**3. GIVEN THE IMMANENCE OF DEATH** (Ps 39:4-6 & 11))

- a. A surprising elegy
- b. A sobering purpose
- c. A values audit (Lk 12:20-21)

---



---



---



---

**4. GIVEN THE SOVEREIGNTY OF GOD** (Ps 39:7 & 10)

- a. Salvation belongs to the Lord
- b. Ultimate remedy
- c. Birth & death (Gen 3:19)

---



---



---



---

**5. GIVEN MY TRANSGRESSIONS** (Ps 29:8 & 9)

- a. Deliverance of sin
- b. Christ enduring scorn
- c. The Lamb's submission (Is 53:6-7)
- d. Sovereign plan

---



---



---



---

nh

**Conclusion:** Contrast Ps 39:13 with conditions of soul and circumstance attending Jesus' death. After assurance of the inevitable cup of God's wrath (Mt 26:38-39), the 'stroke' (10) would not be removed from Him. Christ endured the cross and voiced the EXCRUCIATING PAIN of the wrath of God for our sin (Mt 27:46) “...my God, my God, why have you forsaken me?” Upon that act of redemption hinges the hopeful overtones of Ps 39.

**FAMILY WORSHIP SCHEDULE:**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Theme:</b>	<b>Theme:</b>	<b>Theme:</b>	<b>Theme:</b>	<b>Theme:</b>	<b>Theme:</b>
Whole Psalm	Nature of man	Pain and covenant	Reality of death	Sovereign salvation	Gospel and transgression
<b>Verses:</b>	<b>Verses:</b>	<b>Verses:</b>	<b>Verses:</b>	<b>Verses:</b>	<b>Verses:</b>
Ps 39	Ps 39:1&13	Ps 39:2-3&12	Ps 39:4-6,11	Ps 39:7&10	Ps 39:8&9, Is 53:6-7